



A One-day Introductory Training Programme/Workshop on RT-PCR

Code: CCRYN/CRIYN/JHA/RTPCR/01

CCRYN (website:- <https://naturopathyday.in/>) which aims to undertake cutting-edge scientific research, training and education in Yoga and Naturopathy has established state of art research laboratories at Central Research Institute of Yoga and Naturopathy (CRIYNs). The Molecular Biology, Clinical Biochemistry, Neurophysiology and Microbiology research laboratories present at CRIYN, Jhajjar have RT-PCR, UV-Spectrophotometer, ELISA plate reader, Flow Cytometer, Metagenomics/Microarray setup, Transfection system, Fluorometer, Biochemistry Analyzer, functional Near-Infrared Spectroscopy, Trans-cranial Doppler, Bio-Impedance Analyzer, Gel-imaging system, Cell Imaging System, Inverted Microscope, Cardio-pulmonary Exercise Testing, Spirometry, Biosafety Cabinet, etc.

To generate research talent pool esp. in Yoga & Naturopathy, CRIYN, Jhajjar will undertake periodic workshops in the field of Life Sciences time to time. In continuation, the CRIYN is organizing first one-day introductory training programme on RT-PCR on 29.01.2026 (10:30-16:00 hrs.). RT-PCR is an indispensable molecular biology tool to measure gene expression, clinical diagnosis, pathogen detection, cancer research and diagnosis. **The programme will include basic principles and steps involved in the RT-PCR, practical demonstration of RT-PCR starter kit, data capture, data visualization and interpretation, later followed by a yoga-meditation session, and institute's tour of yoga/naturopathy treatment facilities.**

Education Qualifications: Pursuing or completed UG/PG/PhD (in any branch of AYUSH/Science/Technology/Pharmacy)

Workshop Venue: CRIYN, Deverkhana village, Jhajjar, Haryana (near AIIMS Jhajjar)
<https://maps.app.goo.gl/2iXbBPmJXCxEWPPP8>

Course fees: ₹3000/participant (including GST, printed certificate, lunch, tea and snacks); non-refundable and non-transferrable under any circumstances.

Bank Details:	Bank Holder Name:	Director, CCRYN
	Bank Name:	State Bank of India
	Bank A/c No.:	35643799976
	IFSC Code:	SBIN0010651
	Branch Name:	SBI CCRAS New Delhi

Seats: 10 (first come-first service policy)

Salient features of the workshop

- Priority to practical session and tutorials will be provided by professionals
- Hands-on training on RT-PCR
- Professional skill development, networking and certification
- Group discussions/interactive sessions
- Limited seats for maximum learning & same-day certification
- Enrolment process is completely online including the workshop fee payment

Coordinator: Dr Mohit Nirwan, Research Officer (Life Sciences), CCRYN-CRIYN, Jhajjar
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