

**Subject: Invitation for participation in National Conference on
“Yoga & Naturopathy for a Fitter and Healthier You” – 5-6
February 2026 (Tentative):-**

Dear Sir/Madam,

Central Council for research in Yoga and Naturopathy (CCRYN) is organizing a National Conference on “**Yoga & Naturopathy for a Fitter and Healthier You**” tentatively between **5-6 February 2026** (tentative date, awaited for approval) at **Central Research Institute of Yoga & Naturopathy, Devarkhana, Jhajjar, Haryana-124105**. The conference will focus on the role of Yoga and Naturopathy in preventive healthcare, lifestyle management, and holistic wellness through expert lectures, interactive workshops, awareness programs and panel discussions, with participation from national experts.

Naturopathy and Yoga enthusiasts, students, faculties, researcher are cordially invited to nominate students and faculty members to participate in this conference and benefit from the scientific deliberations and exposure to evidence-based naturopathy and yoga practices.

- Each institution may nominate a maximum of 12 participants, including faculty members.
- For participants from outside Delhi–NCR, accommodation will be provided on prior information and on a first-come, first-served basis, subject to availability and the above-mentioned number of nominees per institution.
- Sleeper-class train fare (both ways) will be reimbursed to such participants on submission of proper travel documents

as per applicable norms/government rules (tickets must be booked only from ticket counters or the IRCTC official website).

You are requested to send the list of nominated participants (students and faculty) with their details: name, designation, department, contact number, and email ID, duly forwarded by the Head of the institution, to email natucon.ccryn@gmail.com on or before 09/01/2026. This will enable us to make necessary arrangements in time. Further details regarding program schedule and logistics will be shared with confirmed participants in due course.

Link for registration: You can register using the Google Form: URL: <https://forms.gle/KPNM8Ff6Be2jHPJu6>. Mere registration in the form does not confirm participation. After registration, you will receive a confirmation email confirming participation.

With regards,