

केंद्रीय योग एवं प्राकृतिक चिकित्सा अनुसंधान परिषद
Central Council for Research in Yoga & Naturopathy

Date: 23/12/2025

NOTICE

Applications are invited from BNYS Institutions for Yoga & Naturopathy Interventions for Obesity (January –March 2026)

The Central Council for Research in Yoga & Naturopathy (CCRYN), Ministry of Ayush, Government of India, proposes to implement a series of specialized workshops and clinical intervention programmes focused on the Management of Obesity through Yoga and Naturopathy across selected educational institutions conferring the Bachelor of Naturopathy and Yogic Sciences (BNYS) degree.

Financial Assistance

Under this initiative, financial assistance of ₹1,00,000/- (Rupees One Lakh only) per institute will be provided to 20 eligible BNYS institutions.

Scope of the Programme

The financial assistance shall be utilized by Yoga and Naturopathy Hospitals / Clinics attached to BNYS institutions which is affiliated under Recognised Universities for following purposes:

- Conducting complimentary week-long Yoga and Naturopathy intervention programmes for a minimum of 30 obese patients per institute during the period from January to March 2026, followed by a one-day workshop on the management of obesity through Yoga and Naturopathy.
- Organizing free Yoga and Naturopathy camps, wherever feasible, for Central Armed Police Forces (CAPFs) and Police personnel with elevated Body Mass Index (BMI) in selected regions.

Submission of Applications

Eligible and willing BNYS institutions are invited to submit their **applications/proposals**, clearly indicating institutional readiness, available infrastructure, and proposed implementation plan.

Last Date

The last date for submission of applications is 31st December 2025.

Mode of Submission

Applications may be submitted through either of the following modes:

- **Email:** ccryn.goi@gmail.com
- **Post:**
The Director I/C
Central Council for Research in Yoga & Naturopathy (CCRYN),
61-65, Institutional Area, Sewa Marg, Pocket D 1A, Janakpuri, New Delhi, Delhi
110058

General Instructions

- Applications received after the due date or found incomplete shall not be considered.
- Selection of institutions will be carried out as per the norms and guidelines of CCRYN.
- CCRYN reserves the right to accept or reject any or all applications without assigning any reason.
- Financial assistance shall be provided by the Council strictly on a reimbursement basis, subject to submission of the Utilization Certificate, Statement of Expenditure (audited by Auditor), original bills/vouchers, and a detailed programme report.

This notice is issued with the approval of the Competent Authority.

— Sd/-