

INTERNATIONAL CONFERENCE ON NATUROPATHY

Ministry of AYUSH, Govt. of India

RESERACH METHODOLOGY WORKSHOP

Participants: Final year BNYS, Interns, MD and PhD Scholars

Venue: Patanjali Yogpeeth, Haridwar

17th November, 2023

AGENDA

Start Time	End Time	Session Details	Session by
09.30 am	10.30 am	Asking a Research Question and Writing a Good Research Proposal	Dr. Shifalika Goenka
10.30 am	11.15 am	Conducting literature search	Dr. Gagandeep
11.15 am	11.30 am	Break	
11.30 am	12.30 pm	Data collection & Tools	Dr. Aastha Agarwal
12:30 pm	13:30 pm	Introduction to Study Designs	Dr. Ishita Gupta
13:30 pm	14:30 pm	Lunch	
14.30 pm	15.15 pm	Introduction to Biostatistics	Dr. Dimple Kondal
15.15 pm	16.00 pm	Conducting Research step-by-step guide	Dr. Chandrasekaran
16.00 pm	16.45 pm	Yoga Research	Dr. Manjunatha Sharma
16.45 pm	17.00 pm	Concluding Remarks	

Organised By:

Centre for Chronic Disease Control, New Delhi

Co-organised and Sponsored By:

Central Council for Research in Yoga & Naturopathy, New Delhi



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18th & 19th November, 2023

THEME: NATUROPATHY FOR HOLISTIC HEALTH

TENTATIVE CONFERENCE SCHEDULE

Day 1: November 18 th 2023			
Time	Event in Main Auditorium		Event in Annexe Hall
8.00 am to 9.30 am	CONFERENCE REGISTRATION		
10.00am to 12.00 noon	INAUGURAL PROGRAM		
12.00 noon to 1.00 pm	Session 1:	Acharya Balakrishnaji	
	Key note Address	Topic: Blessings from Acharya Balakrishnaji and setting the tone for the conference	
		Chairpersons: Dr. Manjunath NK and Dr Babu Joseph	
1.00 pm to 2.00 pm	Lunch		
2.00 pm to 3.00 pm	Session 3: Bridging philosophy with science	Dr.Raghavendra Rao,	Public lecture 1:
		Naturopathy: From Philosophy to Science	2.30 pm-3.30 pm
		Dr. Apar Saoji	Dr. Akalvy Bohara:
		Naturopathy: The philosophical basis of evidence based medical system.	Reversing Lifestyle disorders- A Naturopathic Perspective
	Chairpersons: Dr. Babina N	Dr. Gulab Tewani:	
	Dr. Asha Manjunath	Health without Medicine	
		Dr. Hemanshu Sharma:	
		Holistic health through Naturopathy	
3.00 pm to 3.30 pm	Session 4:	Panelists:	Public lecture 2:
	Panel Discussion 1: Global perspective in Naturopathy	Dr.Chandrashekarana	3.45 pm to 5.00 pm
		Dr Sangeeth S	Dr. Nagendra Neeraj
		Dr Raghavendra Rao	Scientific Importance of Food in Naturopathy
		Dr Rajesh Singh	Dr. R. S. Dawas
		Moderator- Dr Manjunath NK	
3.30 pm to 4.00 pm	High Tea		
4.00 pm to 4.30 pm	Session 5:		
	Recent advances in yoga and naturopathy rehabilitation	Session 9: Key note address Role of yoga and Naturopathy in Neuro rehab Dr Manjunath NK	Public lecture 3 (4.00 pm to 5.30 pm)
		Dr Naveen GH & Dr Mohan Rao	Dr. Vijaya Lakshmi Reddy
4.30 pm to 5.30 pm	Session 6:	Dr. Anurag Varshney	Dr. Sangeeta Nehra:
	Role of Nutraceuticals and Functional foods in Naturopathy	Natural Nutraceutical-Holistic health in sync with nature	Integrative Healing with Nature Cure
		Dr.Vedapriya Arya	Dr. Jitendra Arya:
		Unlocking the ancient wisdom of herbal Naturopathy-a promising future of wellness	Therapeutic effects of Fasting
		Chairperson: Dr. Latha R	
	Dr Rajesh Singh		
6.00 pm onwards	CULTURAL PROGRAM BY UNIVERSITY OF PATANJALI		
7.00 pm	Cultural Program		

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TENTATIVE CONFERENCE SCHEDULE

Day 2: November 19 th 2023			
Time	Event in Main Auditorium		Event in Annexe
9.00 am to 11.00 am	Session 8: Oral free Paper Presentation		
	Jury panel: Dr. Vadiraj H. S. Dr.Chandrashekar		
11.00 am to 11.30 am	<p style="text-align: center;">Dr. Pradeep MK</p> <p style="text-align: center;">Recent advances in Naturopathy Medicine</p> <p style="text-align: center;">Dr. Sunil Paudel</p> <p style="text-align: center;">Role of Naturopathy in Holiistic Pain Management</p> <p style="text-align: center;">Chairpersons: Dr. Prashanth Shetty</p> <p style="text-align: center;">Dr. Nagendra Neeraj</p> <p style="text-align: center;">Chairperson: Dr Rajesh Singh, Dr Naveen GH</p>		
11.30 am to 11.45 am	High Tea		
11.45am to 12.30 pm	<p>Session 10:</p> <p>Panel discussion -Naturopathy principles in Clinical practice: Challenges and Need for rationalization</p>	<p>Panelists: Dr. Rajkumar Dr. S.N. Murthy Dr.B.T.C. Murthy Dr. M. Sarju Dr.Nagajyoti Dr. Srinivas Reddy Dr. Sateesh MHombali</p> <p>Moderator: Dr. Gurudutta HK</p>	<p>Poster Session:</p> <p>11.45 am to 01.30 pm</p> <p>Jury panel: Dr. Puneeth Raghavendra Dr. Vinutha Rao</p>
12.30 pm to 1.00 pm	<p>Session 11:</p> <p>Panel Discussion - Naturopathy in wellness Industry</p>	<p>Panelists: Dr. Manoj Nambiar Dr. Kirti Singh Dr. Shyamraj N. Dr. Abhishek Jain Dr. Kanak Soni Dr. Cijith Shreedhar</p> <p>Moderator: Dr Narendra Shetty</p>	
1.00 pm- 2.00 pm	Lunch		
2.00 pm to 2.45 pm	<p>Session 12:</p> <p>Panel Discussion yoga and Naturopathy education : Need for standardization</p>	<p>Panelists: Dr Prashanth Shetty Dr Sangeeth S Dr.Vibhas Dr. Puneeth Raghavendra Dr.Hemanshu Sharma Dr. Jyoti Nair Dr.Aklavya Bohra Dr.Vinayak Amberker Dr. Toran Singh Chahar</p> <p>Moderator: Dr.Abhay Shankar Gowda</p>	<p>Public lecture 4:</p> <p>2.00 to 3.00 pm</p> <p>Shri Anant Birader:</p> <p>Health Reliance through Nature Cure & Gandhiji</p> <p>Dr.Ramesh Tewani:</p> <p>Cure of irregular lifestyle related diseases by Naturopathy</p>

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2.45 pm to 3.30 pm	Session 13: Naturopathy in Public Health	Panelists: Dr Vartika Saxena Dr Gulab Tiwani Dr Srinivas Bairy Dr Naresh Kumar Dr Geetha Shetty Moderator: Dr. Ambalam M Chandrasekaran	
3.30 pm to 3.45 pm	High Tea		
3.45 pm to 4.15 pm	Session 14: Integrating Yoga and Naturopathy departments in AIIMS : Challenges and strategy	Panelists: Dr Deepa Shukla Dr Sophia Mudda Dr Shweta Mishra Dr Vartika Saxena Dr Vadiraja HS Moderator: Dr Sriley	Public Lecture 5: 3.45 pm to 4.45 pm Dr. DN Sharma: Role of Naturopathy in Lifestyle Disease Dr. Poornima Bansal: Five White poisons in Naturopathy
4.15 pm to 4.45 pm	Session 15: Yoga and Naturopathy in Integrative Medicine	Speakers: Dr. Kuldeep Singh Yoga Traditional Indian Knowledge- a boon for Dentist & Dentistry Dr. RudraBhandari Traditional Formulations for Managing Covid-19: systematic Review and Meta-Analysis. Chairperson: Dr. Himanshu Paliwal and Dr Geetha Shetty	
5.00 pm to 5.45 pm	Valedictory Function		