

## Research Publications- CCRYN 1978-2023

S. No.	Title of the Paper	Authors	Name of Journal	Year of Publication	Impact factor
1.	Retardation of Coronary Atherosclerosis with Yoga Lifestyle Intervention	Manchanda SC, R Narang, KS Reddy et al.	<i>Journal of Association of Physicians of India</i>	2000	0.18
2.	Modulation of cold pressure – induced stress by shavasan in normal adult volunteers	Madan Mohan, Kaviraja Udupa, Ananda Balayogi Bhavanani et al.	<i>Indian Journal of Physiology and Pharmacology</i>	2002	0.16
3.	Sudarshan Kriya practitioners exhibit better antioxidant status and lower blood lactate levels.	Sharma H, Sen S, Singh A, Bhardwaj NK, Kochupillai V, Singh N.	<i>Journal of Biological Psychology</i>	2003	2.67
4.	Electrophysiological Evaluation of Sudarshan Kriya: an EEG, BAER, P300 study	M. Bhatia, A. Kumar, N. Kumar et al.	<i>Indian Journal of Physiology and Pharmacology</i>	2003	0.16
5.	Effect of Yoga Training on Handgrip, Respiratory Pressures and Pulmonary Function	Madanmohan, Lakshmi Jatiya, Kaviraja Udupa, and Ananda Balayogi Bhavanani	<i>Indian Journal of Physiology and Pharmacology</i>	2003	0.16
6.	Effect of Pranayam Training on Cardiac Function in normal Young Volunteers	Kaviraja Udupa, MadanMohan, Ananda Balayogi Bhavanani et al.	<i>Indian Journal of Physiology and Pharmacology</i>	2003	0.16
7.	Acute Effect of Mukh Bhastrika (A Yogic Bellows Type Breathing) on Reaction time	Ananda Balayogi Bhavanani, Madan Mohan, and Kaviraja Udupa	<i>Indian Journal of Physiology and Pharmacology</i>	2003	0.16
8.	Tilt Table Testing in the Diagnostic Evaluation of Presyncope and Syncope: A case-Series Report	E. S. Prakash, Madan Mohan, Sunil K. Narayan et al.	<i>Indian Journal of Physiology and Pharmacology</i>	2004	0.16
9.	Modulation of Cardiovascular response to exercise by Yoga Training	Madan Mohan, Kaviraja Udupa, Ananda Balayogi Bhavanani et al	<i>Indian Journal of Physiology and Pharmacology</i>	2004	0.16
10.	Modulation of stress induced by Isometric Handgrip Test in	Vijayalakshmi P., Madan Mohan, Bhavanani A. B. et al.	<i>Indian Journal of Physiology and Pharmacology</i>	2004	0.16

	Hypertensive patients following Yogic Relaxation Training				
11.	Awareness of computer use Related health risks In software companies in Bangalore	Shirley Telles, Rajendra Deginal & Lokesh Hutchappa.	<i>Indian Journal Of Medical Sciences</i>	2004	0.1
12.	Cardiovascular autonomic regulation in subjects with normal Blood Pressure, high-Normal Blood Pressure and Recent-Onset Hypertension	E Sankaranarayanan Prakash, Madan Mohan, K Raman Sethuraman et al.	<i>Clinical and Experimental Pharmacology and Physiology</i>	2005	2.37
13.	Influence of Yoga & Ayurveda on self-rated sleep in a geriatric population	N. K. Manjunath and Shirley Telles	<i>Indian Journal of Medical Research</i>	2005	1.5
14.	Effect of yoga on self-rated visual discomfort in computer users	Shirley Telles, K.V.Naveen, Manoj Dash et al.	<i>Head &amp; Face Medicine</i>	2006	2.35
15.	Effects of an integrated yoga programme on chemotherapy induced nausea and emesis in breast cancer patients	Raghavendra R. M., Nagarathna R, Nagendra H. R. et al.	<i>European Journal of Cancer Care</i>	2006	1.56
16.	Cardiac autonomic dysfunctions in chronic refractory epilepsy	T.N. Sathyaprabha, P. Satishchandra, K. Netravathi et al.	<i>Epilepsy Research</i>	2006	3.04
17.	Modulation of cardiac autonomic balance with adjuvant yoga therapy in patients with refractory epilepsy	T.N. Sathyaprabha, P Satishchandra, B.T.C. Murthy, et al.	<i>Epilepsy &amp; Behavior</i>	2008	2.06
18.	Anxiolytic effects of a yoga program in early breast cancer patients undergoing conventional treatment: A randomized controlled trial	M. Raghavendra Rao, Nagarathna Raghuram, H. R. Nagendra et al.	<i>Complementary Therapies in Medicine</i>	2008	1.97
19.	Influence of yoga on mood states, distress, quality of life and	Raghavendra M Rao, Nagendra H R, Nagarathna Raghuram et al.	<i>International Journal of Yoga</i>	2008	0.19

	immune outcomes in early stage breast cancer patients undergoing surgery				
20.	Influence of yoga on postoperative outcomes and wound healing in early operable breast cancer patients undergoing surgery	Raghavendra M Rao, Nagendra H R, Nagarathna Raghuram et al.	<i>International Journal of Yoga</i>	2008	0.19
21.	Insulin Sensitivity and Cardiac autonomic function in young male practitioners of Yoga	M.S. Chaya, G. Ramakrishnan, S. Shastry et al.	<i>The National Medical Journal of India</i>	2008	0.59
22.	Immediate effects of right and left nostril breathing on verbal and spatial scores	Shirley Telles and Meesha Joshi	<i>Indian Journal of Physiology and Pharmacology</i>	2008	0.16
23.	Effects of Yoga on natural killer cell counts in early breast cancer patients undergoing conventional treatment	Raghavendra M Rao, Shirley Telles, Hongasandra R Nagendra et al	<i>Medical Science Monitor</i>	2008	1.43
24.	A Nonrandomized Non-I Comparative Study of the Effects of Kapalabhati and Breath Awareness on Event-Related Potentials in Trained Yoga Practitioners	Meesha Joshi and Shirley Telles	<i>The Journal of Alternative and Complementary Medicine</i>	2009	2.57
25.	Nonpharmacological management of nasal polyp : A case report	Rajiv Rastogi, B.T.C. Murthy and Vinudha	<i>Indian Journal of Physiology and Pharmacology</i>	2009	0.16
26.	Autonomic Dysfunctions in Patients with Inflammatory Bowel Disease in Clinical Remission	Purnima Sharama, Govind K. Makharia, Vineet Ahuja et al.	<i>Digestive Diseases and Sciences</i>	2009	2.93
27.	Practitioners of vipassana meditation exhibit enhanced slow wave sleep and REM sleep states	Ravindra Pattanshetty, Sulekha Sathiamma, Sathyaprabaha Talakkad et al.	<i>Sleep and Biological Rhythms</i>	2009	1.23

	across different age groups				
28.	Effects of yoga program on quality of life and affect in early breast cancer patients undergoing adjuvant radiotherapy: A randomized controlled trial	H. S. Vadiraja, M. Raghavendra Rao, Raghuram Nagarathna et al.	<i>Complementary Therapies in Medicine</i>	2009	1.97
29.	Effects of yoga on symptom management in breast cancer patients: A randomized controlled trial	S. Hosakote Vadiraja, M Raghavendra Rao , R Hongasandra Nagendra et al.	<i>International Journal of Yoga</i>	2009	0.19
30.	The efficacy of a comprehensive lifestyle modification programme based on yoga in the management of bronchial asthma: a randomized controlled trial	Ramaprabhu Vempati, Ramesh Lal Bijlani and Kishore Kumar Deepak	<i>BMC Pulmonary Medicine</i>	2009	3.49
31.	Effects of a Yoga Program on Cortisol Rhythm and Mood States in Early Breast Cancer Patients Undergoing Adjuvant Radiotherapy: A Randomized Controlled Trial	H.S. Vadiraja, Rao M. Raghavendra , Raghuram Nagarathna et al.	<i>Integrative Cancer Therapies</i>	2009	2.65
32.	Effect of four voluntary regulated yoga breathing techniques on grip strength	Meesha Joshi and Shirley Telles	<i>Perceptual and Motor Skills</i>	2009	0.7
33.	Effect of yoga therapy on facial emotion recognition deficits, symptoms and functioning in patients with schizophrenia.	Behere RV, Arasappa R, Jagannathan A et al.	<i>Acta Psychiatr Scand.</i>	2011	5.36
34.	Impact of Yoga Nidra on psychological	Rani K, Tiwari S, Singh U, Srivastava N et al.	<i>Int J Yoga.</i>	2011	0.19

	general wellbeing in patients with menstrual irregularities: A randomized controlled trial.				
35.	Effect of yogic practices on lipid profile and body fat composition in patients of coronary artery disease.	Pal A, Srivastava N, Tiwari S et al.	<i>Complement Ther Med.</i>	2011	2.44
36.	Aerobic fitness and cognitive functions in economically underprivileged children aged 7-9 years: A preliminary study from South India	Jacob A, D'Desouza CD, Sumithra S, Avadhani S, Subramanya CM, Srinivasan K.	<i>Int J Biomed Sci.</i>	2011	0.1
37.	Effect of Yoga practice in the management of risk factors associated with obesity: A pilot study	Sunita Tiwari, Dhananjai S.	<i>Indian Streams Research Journal</i>	2011	0.1
38.	Adjunctive Cognitive remediation for schizophrenia using Yoga: an open, non-randomized trial	Bhatia T, Agarwal A, Deshpande SN et al.	<i>Acta Neuropsychiatrica</i>	2011	3.0
39.	Clinical and genetic correlates of severity in schizophrenia in India: an ordinal logistic regression approach	Thomas P, Chandra A, Deshpande SN et al.	<i>Psychiatry Research</i>	2011	3.22
40.	Differences among Major Mental Disorder in Disability quality of Life and family burden-a short term study	Chakraborty S, Mehar H, Bhatia, T, Deshpande SN	<i>Indian Journal of social psychiatry</i>	2011	0.1
41.	Cost of Major Mental Disorder in Delhi, India	Thakral S, Mishra NN, Bhatia T, Deshpande SN	<i>Asian Journal of Psychiatry</i>	2011	3.54
42.	A study on quality of life in patients following	Gupta S, Das S, Sahewalla R, Gupta D, Gupta I et al.	<i>Indian J Physiol Pharmacol</i>	2012	0.16

	Myocardial infarction				
43.	Yoga-based intervention for caregivers of outpatients with psychosis: A randomized controlled pilot study	Shivarama varambally, Sumathi vidyendran, Mangala Sajjanar, Jagdish Tdirthalli, Ameer Hamza, H.R. Nagendra, B.N. Gangadhar.	<i>Asian Journal of Psychiatry</i>	2012	3.54
44.	Reducing psychological distress and obesity through Yoga practice.	<u>Dhananjai S,</u> <u>Sadashiv, Sunita</u> <u>Tiwari, Krishna</u> <u>Dutt and Rajjan Kumar</u>	<i>Int J Yoga</i>	2013	0.19
45.	Yoga for high-risk pregnancy: a randomized controlled trial.	Deshpande C, Rakshani A, Nagarathna R et al.	<i>Ann Med Health Sci Res.</i>	2013	0.1
46.	Effect of yoga or physical exercise on physical, cognitive and emotional measures in children: a randomized controlled trial	Telles S, Singh N, Bhardwaj AK, Kumar A, Balkrishna A.	<i>Child Adolesc Psychiatry Ment Health</i>	2013	1.43
47.	Effect of the integrated approach of yoga therapy on platelet count and uric acid in pregnancy: A multicenter stratified randomized single-blind study.	Jayashree R, Malini A, Rakshani A, Nagendra H, Gunasheela S, Nagarathna R.	<i>Int J Yoga.</i>	2013	0.19
48.	A comparative controlled trial comparing the effects of yoga and walking for overweight and obese adults	Telles S, Sharma SK, Yadav A, Singh N, Balkrishna A.	<i>Med Sci Monit</i>	2014	1.43
49.	Effect of Yoga on migraine: A comprehensive study using clinical profile and cardiac autonomic functions.	Kisan R, Sujan M, Adoor M, Rao R, Nalini A, Kutty BM, Chindanda Murthy B, Raju T, Sathyaprabha T.	<i>Int J Yoga..</i>	2014	0.19
50.	Effects of yoga on utero-fetal-placental circulation in high-risk pregnancy: a randomized controlled trial.	Rakshani A, Nagarathna R, Mhaskar R, Mhaskar A, Thomas A, Gunasheela S	<i>Adv Prev Med.</i>	2015	0.1
51.	Effects of an integrated Yoga	Rao RM, Raghuram N, Nagendra HR, Usharani	<i>Indian J Palliat Care.</i>	2015	0.4

	Program on Self-reported Depression Scores in Breast Cancer Patients Undergoing Conventional Treatment: A Randomized Controlled Trial	MR, Gopinath KS, Diwakar RB, Patil S, Bilimagga RS, Rao N.			
52.	Effectiveness of yogic breathing intervention on quality of life of opioid dependent users.	Dhawan A, Chopra A, Jain R, Yadav D, Vedamurthachar	<i>Int J Yoga.</i>	2015	0.19
53.	Effect of yoga regimen on lung functions including diffusion capacity in coronary artery disease patients: A randomized controlled study	Yadav A, Singh S, Singh K, Pai P	<i>Int J Yoga.</i>	2015	0.19
54.	Influence of hydrotherapy on clinical and cardiac autonomic function in migraine patients	Sujan MU, Rao MR, Kisan R, Abhishekh HA, Nalini A, Raju TR, Sathyaprabha TN.	<i>J Neurosci Rural Pract.</i>	2016	0.1
55.	Current status of yoga in mental health services	Shivarama Varambally & B. N. Gangadhar	<i>International Review of Psychiatry</i>	2016	2.24
56.	Effect of Yoga on Sleep Quality and Neuroendocrine Immune Response in Metastatic Breast Cancer Patients	Rao RM, Vadiraja HS, Nagaratna R, Gopinath KS, Patil S, Diwakar RB, Shashidhara HP, Ajaikumar BS, Nagendra HR	<i>Indian Journal of Palliative Care</i>	2017	0.4
57.	Effect of yoga based life style program on reduction of diabetes risk and regression to normoglycemia, a multicentre RCT NMB	Raghuram Nagarathna, Venkata S. Ram, Sasidharan  K. Rajesh, Amit Singh, Akshay Anand, Vijaya Majumdar, Suchitra Patil, Hongasandra R Nagendra	<i>Frontiers in Endocrinology</i>	2017	3.67
58.	Effects of Yoga in Managing Fatigue in Breast Cancer Patients:	Vadiraja HS, Rao RM, Nagarathna R, Nagendra HR, Patil S, Diwakar RB,	<i>Indian Journal of Palliative Care</i>	2017	0.4

	A Randomized Controlled Trial	Shashidhara HP, Gopinath KS, Ajaikumar BS,			
59.	Impact of Yoga on Blood Glucose Level among Patients with Type 2 Diabetes Mellitus: A Multicentre Controlled Trial	Amit Singh, Padmini Tekur,R. Nagaratna I., and H. R. Nagendra	<i>Diabetes and metabolic syndrome- clinical research and reviews</i>	2017	0.11
60.	Cardiovascular Risk Factors Assessment in Individuals Performing Yoga and Residing in State of Delhi	Siew M, Goel MK, Rastogi R, Binita	<i>IOSR Journal of Dental and Medical Sciences (IOSR-JDMS)</i>	2018	0.1
61.	Effect of Yoga on Cortical Inhibition in Healthy Individuals: A Pilot Study using Transcranial Magnetic Stimulation.	Govindaraj R, Mehta UM, Vinod K, Shivarama V, Jagadisha T, Gangadhar BN.	<i>Brain stimulation</i>	2018	8.95
62.	Efficacy of a Validated Yoga Protocol on Dyslipidemia in Diabetes Patients	Nagarathna R, Tyagi R2 Kaur G, Vendan V, Acharya IN, Anand A, Singh A, Nagendra HR.	<i>NMB-2017 India Trial. Medicines (Basel).</i>	2019	0.1
63.	Methodology for a Nationwide Diabetes Prevalence Estimate:	Nagendra HR, Nagarathna R, Rajesh SK, Amit S, Telles S, Hankey A. Niyantrita Madhumeha Bharata 2017	<i>Part 1. Int J Yoga.</i>	2019	0.19
64.	a Nationwide Multicentric Trial on the Effect of a Validated Culturally Acceptable Lifestyle Intervention for Primary Prevention of Diabetes	Nagarathna R, Rajesh SK, Amit S, Patil S, Anand A, Nagendra HR. Methodology of Niyantrita Madhumeha Bharata Abhiyaan-2017	<i>Part 2. Int J Yoga.</i>	2019	0.19
65.	Diabetes Prevention through Yoga-Based Lifestyle: A Pan-	Raghuram Nagarathna, Venkata S. Ram, Sasidharan K. Rajesh, Amit	<i>Diabetes (ADA)</i>	2019	4.0



	India Randomized Controlled Trial	Singh, Vijaya Majumdar, Suchitra Patil, Hongasandra R Nagendra			
66.	Distribution of Glycated Hemoglobin and its Determinants in Indian Young Adults	Raghuram Nagarathna, Navneet Kaur, AkshayAnand, Kanupriya Sharma, Rima Dada, Palukuru Sridhar, Purnendu Sharma, Amit Kumar Singh, Suchitra Patil, Hongasandra R Nagendra	<i>Diabetes Research and Clinical Practice</i>	2019	5.60
67.	Efficacy of a Validated Yoga Protocol on Dyslipidemia in Diabetes Patients: NMB-2017 India Trial.	NagarathnaR,Saurabh Kumar,, Amit S, Patil S, Anand, A ,Nagendra HR,	<i>Medicines(basl)</i>	2019	0.1
68.	Partitioning of radiological, stress and biochemical changes in pre-diabetic women subjected to Diabetic Yoga Protocol	Amit Kumar Singh, Navneet Kaur, Sushant Kaushal, Rahul Tyagi, DeepaliMathur, Madhava Sai Sivapuram, Kashinath Metri, Sridhar Bammidi, Vivek Podder, Shweta Modgil, Radhika Khosla, Kiran Sharma, Abhilasha Anand, Neeru Malik, VidhyaSagarBoroiah, R. Nagarathna, H.R. Nagendra, AkshayAnand	<i>Diabetes and metabolic syndrome-clinical research and reviews</i>	2019	0.68
69.	Narendra Modi's citizen centered Yoga-Diabetes Management Program: Will Indian State install Integrative Medicine in premier Institutes?	Akshay Anand	<i>Annals of Neuroscience</i>	2019	0.55
70.	Development and implementation of ZED-YOG quality module: <i>Niyantrita Madhumeha Bharata</i> skill development initiatives	Tyagi R, Anand A	<i>Annals of Neuroscience</i>	2019	0.55

71.	Niyantrita Madhumeha Bharata 2017, methodology for a nationwide diabetes prevalence estimate: Part 1.	Nagendra, H. R., Nagarathna, R., Rajesh, S. K., Amit, S., Telles, S., & Hankey, A.	<i>International journal of yoga</i>	2019	0.19
72.	Methodology of Niyantrita Madhumeha Bharata Abhiyaan-2017, a nationwide multicentric trial on the effect of a validated culturally acceptable lifestyle intervention for primary prevention of diabetes: Part 2.	Nagarathna, R., Rajesh, S. K., Amit, S., Patil, S., Anand, A., & Nagendra, H. R.	<i>International journal of yoga</i>	2019	0.19
73.	Cortical inhibition in major depression: Investigating the acute effect of single-session yoga versus walking	Jakhar J, Mehta UM, Ektare A, Vidyasagar PD, Varambally S, Thirthalli J, Gangadhar BN.	<i>Brain Stimul.</i>	2019	8.95
74.	Knowledge, Attitude and Practice of Yoga in rural and urban India: KAPY: A nationwide randomized cluster sample survey	Raghuram Nagarathna, Madhava Sai, Amit Mishra, Akshay Anand, Amit Singh, Hongasandra R Nagendra	<i>Medicine</i>	2020	1.88
75.	Perceptions of benefits and barriers to Yoga practice across rural and urban India: Implications for workplace Yoga	Mishra Amit, Chawathey Shreyas A, Mehra Priya Nagarathna R., Anand Akshay, Rajesh S.K. , Singh Amit Patil, Suchitra, Sai Sivapuram Madhava, Nagendra Hongasandra Ramarao	<i>Work</i>	2020	1.13
76.	Prevalence of obesity in India and its neurological implications: a multi-factor analysis of a nationwide cross-sectional study	Murali Venkataro, Raghuram Nagarathna, Vijaya Majumdar, Akshay Anand, Amit Singh, Hongasandra R Nagendr a	<i>Annals of neuroscience</i>	2020	0.55

77.	Prevalence and Awareness of Stroke and Other Comorbidities Associated with Diabetes in North West India	Vivek Podder, Dr. Vinod Srivastava, Saurabh Kumar, Dr. R Nagarathna, Madhava Sai Sivapuram, Navneet Kaur, Kanupriya, Dr. Amit Singh, Dr. Neeru Malik, Dr. Akshay Anand, Dr. H.R. Nagendra	<i>Journal of Neurosciences in Rural Practices</i>	2020	
78.	Prevalence and determinants of self-reported Diabetes in Young adult Indian Population	Raghuram Nagarathna, Parul Bali, AkshayAnand, Vinod Srivastava, Suchitra Patil, Guruprasad Sharma, Krishna Manasa, Viraaaj Pannu, Amit Singh, Hongasandra R Nagendra	<i>Frontiers in endocrinology</i>	2020	3.67
79.	Perceived stress and depression in Pre Diabetics and Diabetics among Indian population a call for mindfulness based intervention	Raghuram Nagarathna, Shweta Modgil, Amit Mishra, Radhika Khosla, AkshayAnand, Amit Singh, Hongasandra R Nagendra	<i>General hospital psychiatry</i>	2020	3.22
80.	A composite of BMI & WC may be better obesity metric in Indians with high risk of T2DM NMB 2017	Raghuram Nagarathna, Murali Venkatarao, Rajesh S K, Amit Singh, Hongasandra R Nagendra	<i>Diabetes Research and Clinical Practice</i>	2020	5.60
81.	A Nationwide Cluster Sample Survey	Mishra AS, Sk R, Hs V, Nagarathna R, Anand A, Bhutani H, Sivapuram MS, Singh A, Nagendra HR. Attitude, and Practice of Yoga in Rural and Urban India, KAPY 2017	<i>Medicines (Basel).</i>	2020	0.1
82.	Intelligent gaze tracking approach for trail making test.	Jyotsna C, Amudha J, Rao R, Nayar R	<i>Journal of Intelligent &amp; Fuzzy Systems.</i>	2020	0.33
83.	Effectiveness of yoga on arterial stiffness: A systematic review.	Patil SG, Biradar MS, Khode V, Vadiraja HS, Patil NG, Raghavendra RM	<i>Complement Ther Med</i>	2020	2.44
84.	Effect of an integrated naturopathy and yoga program on long-term glycemic control in type 2 diabetes mellitus patients: A	Bairy S, Rao MR, Edla SR, Manthena SR, Tatavarti NG	<i>International Journal of Yoga</i>	2020	0.19

	prospective cohort study				
85.	Yoga and psychiatric disorders: A review of biomarker evidence.	Bhargav H, George S, Varambally S, Gangadhar BN.	<i>International Review of Psychiatry (Accepted for publication)</i>	2020	2.24
86.	Meditation as a psychosocial intervention: Need of the hour.	Vinod K, Shree Raksha B, Rashmi A, Shivarama V, Gangadhar BN.	<i>International Journal of Social Psychiatry.</i>	2020	1.61
87.	Does Yoga Have a Role in Schizophrenia Management?	Govindaraj R, Varambally S, Rao NP, Venkatasubramanian G, Gangadhar BN.	<i>Curr Psychiatry Rep.</i>	2020	5.28
88.	Tele-yoga for stress management: need of the hour during the COVID-19 pandemic and beyond?	Jasti N, Bhargav H, George S, Varambally S, Gangadhar BN.	<i>Asian journal of psychiatry.</i>	2020.	3.54
89.	Potential role of yoga monotherapy in childhood social anxiety disorder: A case study	Jakhar J, Krishna MA, Bhargav H, Varambally S.	<i>Explore</i>	2020	1.36
90.	Yoga for psychiatric disorders: from fad to evidence-based intervention?	Varambally S, George S, Gangadhar BN.	<i>The British Journal of Psychiatry.</i>	2020	7.23
91.	Integrative therapy for Wilson's disease: A case report.	Bhide SR, Jakhar J, Bhargav H, Arsappa R, Seshagiri DV, Nagappa M	<i>Asian J Psychiatr.</i>	2020	3.54
92.	Assessment of risk of diabetes by using Indian Diabetic risk score (IDRS) in Indian population	RaghuramNagarathna RahulTyagi PriyaBattu AmitSingh AkshayAnand  Hongasandra Ramarao	<i>Diabetes Research and Clinical Practice</i>	2020	5.60
93.	Role of mind-body intervention on lipid profile: A cross sectional study	Priya Mehra, Akshay Anand, R Nagarathna, Shreyas Chawathey, Navneet Kaur, Neeru Malik, Amit Singh, Virraaj pannu, Pramod Avti, Kanupriya Sharma, H R nagendra	<i>International Journal of Yoga</i>	2021	0.19

94.	Prospective study of different staple diets of Diabetics in Indian population	Deepali Raghuram Nagarathna, Akshay Anand, Geetarani, Sapnananda Amit Singh, Suchitra Patil, Hongasandra R Nagendra	<i>Annals of neuroscience</i>	2021	0.55
95.	Effectiveness of Yoga lifestyle on lipid metabolism in vulnerable population- a community based multicenter study	R Nagarathna, <b>Saurabh Kumar</b> , Akshay Anand, Ishwar Acharya, Dr. Amit Singh, Dr Suchitra Patil, Dr. Purnima Datey, Dr. H R Nagendra	<i>Medicines</i>	2021	
96.	Prevalence of Alcohol and tobacco use in Indian and implications for COVID 19 NMB study projections	Madhava Sai, Dr. R Nagarathna, Dr Akshay Anand, Dr. Suchita Patil, Dr. Amit Singh, Dr. H R Nagendra	<i>Journal of medicine and life</i>	2020	0.35
97.	Trends of Hypertension in India: A nationwide survey reporting the distribution across geographical areas	Sriloy Mohanty, Kashinath Metri,,Raghuram Nagarathna, Akshay Anand, Amit Singh, Suchitra Patil, Hongasandra R Nagendra	<i>Annals of neuroscience</i>	2020	0.55
98.	Is the Indian Dietary Pattern associated with type 2 diabetes? A pan-India randomized cluster sample Study	Raghuram Nagarathna, Hongasandra Nagendra ,Sapna Nanda,Amit Singh,Suchitra Patil	<i>Annals of neuroscience</i>	2020	0.55
99.	Yoga and psychiatric disorders: A review of biomarker evidence.	Bhargav H, George S, Varambally S, Gangadhar BN	<i>International Review of Psychiatry (Accepted for publication)</i>	2020	1.18
100.	Integrative therapy for Wilson's disease: A case report.	I. Bhide SR, Jakhar J, Bhargav H, Arsappa R, Seshagiri DV, Nagappa M, et al..	<i>Asian J Psychiatr</i>	2020	0.79

101.	The role of Yoga Intervention based on Ayurveda personality types title changed to Ayurveda personality types and role of yoga intervention among the type 2 diabetes mellitus population of Chandigarh and Panchkula region	Madhava Sai, Dr. A Anand, Dr. R Nagarathna, Vivek Podder, Navneet Kaur, Madhava Sai, Deepak Kumar pal, Dr. ishwar, Dr. Neeru Malik, Dr. Amit Singh, Dr. H R Nagendra	<i>Annals of neuroscience</i>	2021	0.55
102.	Cost of Management of Diabetes Mellitus	Raghuram Nagarathna, Madhava Madanapalli, Amit Singh, Suchitra Patil Hongasandra R Nagendra	<i>Annals of neuroscience</i>	2021	0.55
103.	Prevalence of Healthy, PD and Diabetes in North Indian population based on Glycated Hba1c and IDRS	Saurabh Kumar, Dr. Akshay Anand, Dr. R Nagarathna, Navneet Kaur, Deepak Kumar Pal, Dr. Neeru Malik, Dr Amit Singh, Madhava Sai, Virraaj Pannu, Dr. H.R. Nagendra	<i>Endocrinology: Diabetes and Metabolism</i>	2021	0.01
104.	Correlation of prakriti diagnosis using Ayusoft Prakriti Diagnostic Tool with clinician rating in patients with psychiatric disorders.	Bhargav H, Nishitha L, Chikanna U, Kishore K, Varambally S.	<i>Journal of Ayurveda and Integrative Medicine.</i>	2021	0.38
105.	Tele-yoga therapy for common mental health disorders: Need for assessment tool and guidelines.	Jagannathan A, Bhide SR, Varambally S, Chandra PS, Gangadhar B N.	<i>Int J Yoga</i>	2021	0.19
106.	Yoga and Meditation as an Adjunct Interventional Strategy for COVID-19 Management	Kishore K. Deepak Mohan Raghavendra Rao	<i>Annals of the National Academy of Medical Sciences (India)</i>	2021	0.1
107.	Generic yoga modules for clinical and research settings - Need of the hour	Kumar V, Jagannathan A, Bhargav H, Varambally S, Gangadhar BN.	<i>International journal of yoga therapy.</i> <i>(Ahead of publication)</i>	2021	0.74
108.	A systematic review and meta-analysis of effect of yoga and	SG patil, V.Khode, AM Chandrasekharan, RM. Desai, HS Vadiraja, R	<i>European Society of cardiology</i>	2021	13.09

	meditation on endothelial system	Raghavendra, K Aithal, R Champa, KK Deepak, D Prabhakaran			
109.	Sleep Disorders in individuals with high risk for diabetes in Indian population	Kalyan, Raghuram Nagarathna, Akshay Anand, Amit Singh, Suchitra Patil Hongasandra	<i>Annals of neuroscience</i>	2021	0.55
110.	Physical activity patterns in India stratified in zones, age, region, BMI and implications for COVID 19- A nationwide study	Vivek Podder R nagarathna, Akshay Anand, Suchitra Patil, Amit Kumar Singh, H R Nagendra	<i>Annals of neuroscience</i>	2021	0.55
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