

## **Selected candidates list for Oral paper presentation:**

<b>Sl no.</b>	<b>Name</b>	<b>Title</b>
OP001	Dr. Anaghashree S	Comparative Study Of Ashwini Mudra And Moolabandha On Urinary Incontinence Among Old Age Women- A Three Arm Randomized Controlled Trial
OP002	Dr. Meghana M	Effect of Mud pack to Eyes on Digital Eye Strain
OP003	Dr. Lanjiklu Gonmei	Efficacy of Nadi shodhana, Bhramari pranayama and Yoga nidra on symptoms of premenstrual syndrome among young adult females – a prospective randomised controlled trial
OP004	Dr. Vinaya Kumar T	Cooling Pranayama For Modulating Salivary Ph, Flowrate, And Stress In Young Adults: Proposal For A Randomized Controlled Study
OP005	Dr. Balakrishna Shetty	A Randomized Controlled Trial in Obese Adults with PCOS: Examining the Impact of Short-Term Integrated Naturopathy and Yoga Interventions on Testosterone, Oxidative Stress, and Mental Health
OP006	Miss. Bhumika Thippeswamy Mannekote	Effect of Hot foot and arm bath for bronchial asthma as a Bronchodilator
OP007	Dr. Nidhishree J S	Exploring the Correlation between Gut microbiome and various diseases. The Role of Diet, Fasting and Yoga Therapy in promoting ‘Heathy gut microbiome’ – A Narrative Review
OP008	Dr Manjunath R	The Effect of Moringa Oleifera Supplementation on Quality of Sleep in a Patient of Post Covid Insomnia with Pre-Existing Erythema Nodosum – A Case Report
OP009	Dr Mohan Kumar	Naturopathy in Public Health: A Preventive Approach to Healthy Aging and Longevity
OP0010	Dr. Abitone	A comparative study on the immediate impact of balance meridian and electro-acupuncture on individuals with chronic low back pain—a randomized controlled trial
OP0011	Dr Kavya C	Effect of Naturopathy and Yoga based lifestyle program on serum cortisol, perceived stress and burnout in office workers: A Randomized controlled trial
OP0012	Mr. Jnanadana	Cooling Pranayama for Modulating Salivary pH, Flowrate, and Stress in Young Adults: Proposal for a Randomized Controlled Study
OP0013	Dr C N Renuka	Cognitive Benefits of Asana, Pranayama, and Dhyana Practices in School-Age Children: Findings from a Clinical Study
OP0014	Dr Veeram Muralidharareddy	Effect Of Millet Diet Supplementation In A Patient With Diabeties A Case Study India
OP0015	Mr. Nanjeshgowda H L	Impact Of Cold Chest Pack On Cardiac Output, Stroke Volume, And Total Peripheral Resistance: A Counterbalanced, Randomized-Crossover Trial In Healthy Individuals

