



केंद्रीय योग एवं प्राकृतिक चिकित्सा अनुसंधान परिषद्
CENTRAL COUNCIL FOR RESEARCH IN YOGA & NATUROPATHY
(आयुष मंत्रालय, भारत सरकार)
(MINISTRY OF AYUSH, GOVT. OF INDIA)

7th NATUROPATHY DAY 2024

&

INTERNATIONAL
CONFERENCE
ON NATUROPATHY



Venue:

**Central Research Institute of Yoga & Naturopathy
(CRIYN), Nagamangala, Mandya, Karnataka**



18th & 19th November'24

Theme: Naturopathy for Healthy Ageing and Longevity

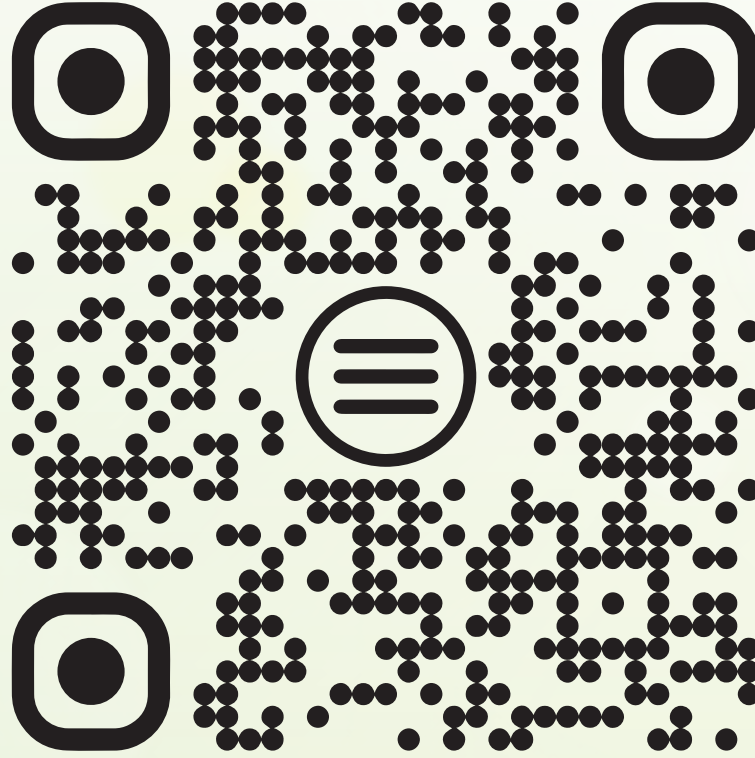
TENTATIVE CONFERENCE SCHEDULE

Day 1: November 18, 2024			
Time		Speaker/Topic	Chairperson
8.00 am – 9.30 am	CONFERENCE REGISTRATION		
10.00 am – 12.00 noon	INAUGURAL PROGRAM		
1.00 pm – 2.00 pm	Lunch		
SESSION 1- NATUROPATHY FOR HEALTHY AGEING AND LONGEVITY			
Time		Speaker/Topic	Chairperson
2.00 pm – 3.00 pm	Session 1: Keynote Address	Dr. Jon Wardle Living longer, living stronger: naturopathy and yoga's role for advancing global health	Dr. Babu Joseph Dr Narendra Shetty
		Dr. Manjunath NK Role of Yoga and Naturopathy in Geriatric Care	
3.00 pm – 4.00 pm	Lecture Session 1	Dr Pradeep Nair Naturopathy in Palliative Care Dr Raghavendra Samy Topic - Role of y oga in acclimatization to extremen climatic conditions in antarctica Dr Inbaraj G Role of Yoga on Chemo Brain	Dr. Manjunath NK Dr. Vadiraja H S
4.00 – 4.20 pm	TEA BREAK		
4.20 pm – 5.00 pm	Panel Discussion 1 Geriatric Wellness and Rehabilitation	Dr Narendra Shetty, Dr Manoj Kutteri, Dr Cijith Sridhar, Dr Vinutha Rao, Dr Gulab Rai Tewani, Dr Gnandeep, Dr Sujatha, Dr Shyamraj	Dr. Visveshwaraiah NK
5.00 pm – 6.30 pm	Oral Presentation 1	Jury – Dr. Vadiraja H S Dr. Puneeth R Dr. Swathi P S	
07.00 pm – 08.00 pm	Dinner		
08.00 pm – 09.00 pm	Inter College Cultural Fest		

Theme: Naturopathy for Healthy Ageing and Longevity

TENTATIVE CONFERENCE SCHEDULE

Day 2: November 19, 2024			
Time		Speaker/Topic	Chairperson
SESSION 2: Evidence Based Clinical Practice in Naturopathy			
9.30 am – 10.30 am	Session 2: Keynote session 2 Yoga & Naturopathy in NCDs Management	Dr Prashanth Shetty Role of Yoga and Naturopathy in CVD: Risk reductions Dr Babina Nandakumar Elderly Care in Naturopathy Hospital: Opportunities & Challenges	Dr BTC Murthy Dr Shaiju K S
10.30 am – 11.30 am	Lecture Session 2 Food as thy medicine	Dr Achyutan Eshwar Plant based nutrition and food products Dr Srinivas Baiyy Role of saltless and sugarless diets in Naturopathy	Geetha Shetty Gurudutta HK
11.30 am – 11.45 am	TEA BREAK		
11.45 am – 12.30 pm	Panel Discussion 2: Outpatient Practice in Naturopathy	Dr Gurudutta HK, Dr Nagajyoti N, Dr Nandeesh, Dr Bharateesh D, Dr Shivaprasad Shetty, Dr Mithesh Banthia, Dr. Abhishek Jain	Dr Rajesh Singh Dr Apar Saoji
12.30 pm – 1.15 pm	Lecture session 4 Integrative Medicine in Naturopathy	Dr Vikram Pai Enhancing Yoga & Naturopathy Research through Mixed Methods Approaches: A call for standardization Rigor Dr Deepa Shukla IM: Role of Yoga and Naturopathy in Integrative Medicine Dr Karthik Reddy Role of Diet & Naturopathy in Autoimmune Disease	Dr Shivaprasad Shetty Dr Naveen GH
1.15 pm – 2.00 pm	LUNCH		
2.00 pm – 3.00 pm	Key note session 3	Dr Ramachandra Shetty Role of Nutraceuticals in Ayush systems : implications in practice Dr Anurag Varshney Medicinal Value of Indian Spices Dr K.N Chidambara Murthy Role of Herbaceuticals and nutraceuticals in naturopathy	Dr Abhishek Devikar Dr Bipin Kumar
3.00 pm – 4.00 pm	Lecture session 5- Off Road	Dr Vivek Udupa Topic - Wellness and Spiritual Tourism Dr Roopa Lakhmi Bhat Topic - Architecture for wellness Dr Kanak Soni Topic - Running a large Naturopathy center	Dr Sharath Damuluri Dr Dinesh Kartha
4.00 pm – 4.20 pm	Tea Break		
4.20 pm -5.00 pm	Panel discussion session 3: Naturopathy Education: role for Standardization	Dr Vinayak Amberker, Dr Jyoti Nair, Dr Sangeeth, S, Dr Aklavya Bora, Dr Sugun Herbert, Dr Ganesh N S	Dr Manjunath NK Dr Vanitha Shetty
5.00 pm – 6.00 pm	Valedictory program		
6.00- pm – 7.00 pm	Dinner		
7.00 pm onwards	Inter College Cultural Fest		



Organized by:



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<https://naturopathyday.in>